



NNEdPro Global Centre for Nutrition and Health

Advancing and implementing nutrition knowledge to improve health, wellbeing and society

Save the dates for NNEdPro's 2019 Events

- Summer School in Applied Human Nutrition July 5th - 9th
- Strategy Workshop July 10th
- 5th International NNEdPro Summit on Medical and Public Health Nutrition and Research July 11th
- International Society for Nutrigenomics & Nutrigenetics Congress (hosted by NNEdPro) 12th - 13th July

Authors: James Bradfield; Edited by: Prof Sumantra Ray; Acknowledgements: Karen Chamberlain

NNEdPro: A Year in Review and 2019 Sneak Peak

2018 was a packed year for the NNEdPro Global Centre, from celebrating our 10th Anniversary at our Summit, launching a new journal along with the BMJ Group focused on nutrition and continuing to teach students and professionals alike about the importance of nutrition. Here, we highlight some of the events that made 2018 such a great year while looking forward to some of the activities which are just around the corner!

Back in February, a delegation of NNEdPro members travelled to Kolkata in India to launch our brand new mobile teaching kitchen. The teaching kitchen is a refitted van which allows a team of trained mothers from urban slums to promote nutrition and health through some seriously impressive cooking skills. February 2018 also marked the launch in New Delhi by the Cambridge Vice-Chancellor of the Global Challenges TIGR2ESS Programme in which we are co-leading a Flagship Project. This Project also took us back to India in August, at which point the Microenterprise Phase of our Mobile Teaching Kitchens was also started.

June began a busy summer period for everyone involved in NNEdPro with an American Society for Nutrition (ASN)-NNEdPro Event titled *Medical Nutrition Educators' Network* taking place at the annual ASN conference in Boston. The event gathered nutrition educators from the US and further afield to discuss the state of medical nutrition education. Up next was Food for Thought, an event organised by the BMJ and Swiss Re in Zurich. Here the great and the good of nutrition science and associated disciplines gathered to discuss current controversies in nutrition and, excitingly for NNEdPro, preparing the ground for the launch of *BMJ Nutrition, Prevention and Health (NPH)* which is co-owned by the NNEdPro Group. NNEdPro's Prof Martin Kohlmeier is its inaugural Editor-in-Chief.

The 3rd NNEdPro Summer School in Applied Human Nutrition and 4th International Summit in Medical Nutrition Education took place in July 2018 at Wolfson College and Addenbrooke's Biomedical Campus, respectively. The Summer School attracted 40 students from around the world who benefited from the teaching of some of the most respected names in nutrition while the Summit attended by ~250 acted as a hard launch for BMJ NPH, as well as the 10-year anniversary celebrations of the group. The GODAN Road Ahead Conference and the Society for Nutrition Education and Behaviour (SNEB) 51st Annual Conference rounded out what had been an extremely busy month!

In August, the Cambridge University Institute of Continuing Education ran their first course in human nutrition, taught by NNEdPro executive director and founding chair, Prof Sumantra Ray. This was soon followed by key NNEdPro inputs to the 92nd Nestlé Nutrition Institute Workshop in Lausanne, Switzerland in September. Since then, NNEdPro has restructured its central Virtual Core Team, membership of which is listed below. In November, NNEdPro travelled to Australia and ran its 3rd ANZ symposium at the Nutrition Society of Australia titled, *Improving Nutrition through the Education of Health Professions*.

Virtual Core Team • Directors: D Del Rio, P Douglas, M Rajput Ray, S Ray • Central Leadership and Governance: J Dean, M Kohlmeier • Ops and Logistics: J Bradfield, K Chamberlain, M Harvey, A Roy • Global Innovation Panel: S Al Moosawi, E Beck, S Bhat, I Broadley, L Buckner, H Carter, D Crocombe, T Eden, S Ekpe, E Fallon, R Golubic, G Grosso, D Herath, A Jaffee, A Khalid, C Laur, D Lyra, E MacAninch, K Martyn, C Mitrofan, C Nowson, D Pereira, K Raman, A Shukla, H Trigueiro, C Wall, M Yen Chan.

In addition, we undertook official visits to Monash University, the University of Wollongong and University of Brunei. To close the year, Prof Ray will travel to Geneva in December to work with colleagues in the World Health Organization. The aim of this work will be developing joint NNEdPro-WHO work plan around the United Nations Decade of Action on Nutrition 2016-25.

After such a successful 2018, plans are already in place to continue the momentum in 2019. First up will be a move from the Elsie Widdowson Laboratory across Cambridge to St John's Innovation Centre though activities will continue during this time. In March we will run a nationwide Nutrition Education Policy for Healthcare Practice (NEPHelp) Roadshow, followed by an appearance and talk at the BMJ International Forum on Quality and Safety in Healthcare in Glasgow. In addition, plans are underway for the Summer School and Summit in July 2019.

We hope to see you part of the NNEdPro Global Centre in 2019!

5th NNEdPro India Symposium and associated events	22nd - 28th February 2019 India (Kolkata and Sanghol)
NNEdPro Medical Nutrition Education Workshop at BMJ International Conference on Quality & Safety in Healthcare	27th March 2019 Glasgow
NNEdPro Annual Nutrition Educators Symposium	8th - 11th June 2019 Maryland, USA
4th NNEdPro Summer School & Foundation Certificate in Applied Human Nutrition	5th - 9th July 2019 Cambridge
Annual NNEdPro Global Strategy Workshop	10th July 2019 Cambridge
5th International NNEdPro Summit on Medical & Public Health Nutrition Education & Research	11th July 2019 Cambridge
Annual Congress of the International Society for Nutrigenetics & Nutrigenomics	12th - 13th July 2019 Cambridge
Nutrition Science course	15th - 19th July 2019 Cambridge
NNEdPro educational activities at the Society for Nutrition Education & Behavior	27th - 30th July 2019 Florida, USA