



The 10th International Summit on Nutrition and Health

ABSTRACT SUBMISSION REQUIREMENTS

Detailed information on abstract and video submission are presented below. Submission for abstracts and posters will need to be sent over email to: j.johnsen@nnedpro.org.uk

Key deadlines and dates

Abstract submission deadline: 27th September 2024

Abstract notification: 8th October 2024

Video submission: 20th October 2024

Registration deadline: 10th November 2024

Summit event and announcement of abstract competition winners: 17th to 20th December 2024

Guidance for submission

- Each individual may only **submit a maximum of 2 abstracts as first author** for consideration.
- Presenters of accepted abstracts will be asked to register by 10th November 2024.
- Accepted abstracts will be published in BMJ Nutrition, Prevention & Health. As such, abstracts should be original and not previously published as an abstract/full paper or presented in any major meeting previously.
- Abstract forms should be submitted only once. Multiple submissions will not be considered.
- Use a spellchecker and check the content of your abstract before submitting it. Please note that changes or edits cannot be made after abstract submission has closed.

Abstract format

- Submit in Microsoft Word
- 250-300 words
- Max 1 Table or Figure (optional)

Abstract Content

- Abstract title: where applicable, include a subtitle with the study design.
- Author names: First name(s) and last name(s). (Full names, not initials)
- Author affiliations: Job title at the time of submission, institutions and countries of each author indicated by superscript numbers. For example, Frank Moran¹, James Bradley². 1 Research Fellow, University of Ulster, Northern Ireland; 2 Registered Dietitian, Belfast City Hospital, Northern Ireland.
- Please underline the name of the presenter. For example, Frank Moran¹, James Bradley².



Abstract structure

- The body of the abstract should be **structured**:
 - Background: short description on the topic. Can be merged with the objectives.
 - Objectives: description of main aim, major hypothesis tested or research question.
 - Methods: description of the research design, the setting, participants, interventions (where applicable) and main outcome measures.
 - Results: for quantitative studies, describe 95% confidence intervals and, where appropriate, the exact level of statistical significance and the number need to treat/harm. Whenever possible, state absolute rather than relative risks.
 - Conclusions - primary conclusions, implications and areas for further research if appropriate.
 - Abstracts do not need references.

License to Publish

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- The lead author of each abstract is aware that by submitting their work for publication they are agreeing to the terms and conditions of BMJ's standard license to publish for abstracts. As this is an exclusive license, they must ensure that signed agreement is obtained from the author (which may be via electronic signature) and must be able to supply evidence of this to the BMJ upon written request.



VIDEO POSTER SUBMISSION REQUIREMENTS

If your abstract is accepted, please submit a video explaining your work and to qualify for the poster competition. It is important to communicate your ideas clearly and concisely.

Video format:

- Ideally 3 minutes and maximum 5 minutes.
- Display of commercial materials or sales of products are prohibited. Any video that is deemed to be a commercial advertisement will **not** be considered.
- Standard videos of speakers and slides as well as animations are welcome.
- Please do not use long sections of text. Figures, graphs or animations are preferred to show your ideas. Ensure that all text and figures used are visible.
- By submitting your video, you agree for it to be displayed on the NNEdPro website along with your name and affiliation.
- You can record your presentation using the zoom platform or other similar platforms.
- When submitting the presentation, please use [WeTransfer](#) and generate a link that can be shared over email.
- For inspiration you can check the examples below for inspiration:
 - <https://www.nnedpro.org.uk/abstracts>
 - <https://emerging-researchers.org/video-award-winners-2018/>
 - <https://authors.bmj.com/writing-and-formatting/video-abstracts/what-is-a-video-abstract/>