

## Spices of South Asia: a seven decades' trail

Saturday 11<sup>th</sup> November 2017, 2.30-5.00 pm

Lee Hall, Wolfson College Cambridge, Barton Road CB3 9BB



2.30pm

### Opening remarks and discourse:

Margaret Greeves FRSA, Wolfson  
Lord Richard Balfe FRSS, NNEdPro  
Lord Diljit Rana MBE  
Professor Sadaf Farooqi FMedSci

2.55pm

### A Spice Trail from the Khyber Pass to the Sindh Valley and beyond: Panel 1

Saeeda Ahmed MA – Spices of Pakistan and its frontiers  
Dr Minha Rajput-Ray – The Spice Journey across India, Africa and the seven seas

3.20pm

### Refreshments and viewing of displays including artwork and NNEdPro's Teaching Kitchens Initiative

3.40pm

### The Spice of Life: from food on our plates to nutrition and health: Panel 2

Nikitah Ray, Rama Rajput and Urszula Sobanda – South Asian foods and spices in Britain today  
Dr Glenys Jones with Professor Daniele Del Rio KC – South Asian food, spices and human health

4.20pm

### A Touch of South Asian Performing Arts including poetry by Ghazanfar Khaliq and dance by Divya Ram Kumar

5.00pm

Close and Viewing of Main India-Pakistan Exhibition

Co-chairs: Cleo Roberts (Wolfson College Visiting Research Associate) and Professor Sumantra 'Shumone' Ray (Wolfson College Fellow)

### *Spices of South Asia: about this event...*

*This afternoon is part of the exhibition Representing Partition: India and Pakistan at Wolfson College Cambridge.*

*This programme as a whole is part of the University's India Unboxed series (which marks 70 years since India and Pakistan became independent sovereign nations) and runs alongside other exhibitions in University of Cambridge Museums and at the Centre of South Asian Studies.*

*Spices of South Asia: a seven decades' trail, is a collaboration between the Wolfson College Cambridge Fine Arts Committee and the Need for Nutrition Education/Innovation Programme (NNEdPro) via its inter-disciplinary Global Centre for Nutrition and Health in Cambridge.*

*Through this event we aim to promote public understanding of the shared cultural heritage between India and Pakistan as well as South Asia and Britain, using the medium of food, nutrition and spices to explore themes ranging from the arts and humanities through to science, health and society.*

*This event also aims to raise awareness around NNEdPro's Teaching Kitchens Initiative in urban slums of South Asia and two associated children's art workshops involving Cambridgeshire Schools were held to raise funds towards this project and there is a further crowdfunding campaign currently active.*

*As a marker of regional friendship, a donation will be made from the above fundraising activities, to the Edhi foundation in Pakistan to encourage the adoption of the teaching kitchen model developed to date in the East of India.*

*Special thanks to Faiza Hasan, Jahan and Suleman Humayun (King's College School); Ananya Roy and Mhairi Brown (NNEdPro); Frieda Midgley, Sheila Betts, Nikki Campin and colleagues (Wolfson) for event support*