



THE NEED FOR NUTRITION EDUCATION/INNOVATION PROGRAMME

Rinku Banerjee, Dr Lauren Ball, Celia Laur and Dr Sumantra Ray, on Behalf of the NNEdPro Group

Local Innovation with Global Impact: International initiatives in nutrition education and related research

If you read NNEdPro's Christmas article in last month's CN issue, you will have seen that we have an exciting year ahead! In particular, our Global Innovation Panel (GIP) has developed projects spanning the globe. In Australia, Canada and India, initiatives are underway to improve population health through better nutrition education.

NNEdPro IN INDIA

In NNEdPro's CN article (CN Focus, Vol 7 No 2 June 2015), we described two NELICO (Nutrition Education for Improved Clinical/Public Health Outcomes) projects under the NNEdPro and Remedy Clinic Kolkata, which are led by 10 'champions' drawn from over 200 individuals who attended initial training organised by NNEdPro. The 'Medical Colleges' project aims to improve the nutrition knowledge and education of medical students in Kolkata through a tailored educational intervention. It is our intention to track the journeys of these students to see if their nutrition training influences their future healthcare settings. The 'Kolkata Slum Dwellers' project took place in an urban slum district in south Kolkata with a high proportion of migrants from neighbouring areas. Data were collected from the children on signs of malnutrition and hunger. Concurrently, mothers were provided with advice to mitigate malnutrition risk and maintain good health for their families.

We hope that these local research projects will help inform local medical and healthcare professionals, as well as local charities, community groups and government leaders. An evaluation of the overall NELICO India Initiative will explore the effectiveness of iterative training and support in empowering local healthcare practitioners to develop skills and confidence in research.

Our GIP team will hold the first Cambridge-India International Symposium on Nutrition, Diabetes and Personalised Nutrition in February 2016, in Kolkata. The symposium will present findings from the two NELICO projects to medical and nutrition professionals, charities and community groups as well as pave the way for continued collaboration with partners in India. The research teams will continue to receive support from NNEdPro enabling them to utilise their acquired research skills for future projects. The India Network is managed by Rinku Banerjee (Birmingham) with scientific input from Dr Anand Ahankari (Nottingham) and Marietta Sayegh, ANutr (Cambridge) and oversight from the NNEdPro Chair.

NNEdPro IN AUSTRALIA AND NEW ZEALAND

We have great pleasure in announcing the launch of the NNEdPro Network in Australia and New Zealand already comprising 50 key individuals! Due to overwhelming interest and momentum in supporting greater nutrition education for medical and healthcare professionals in these two countries, the Network has commenced to facilitate the sharing of knowledge and experiences in order to

advance priorities in the region. The Network will be led by Dr Lauren Ball, GIP Co-Leader, Accredited Dietitian and NHMRC Research Fellow at Griffith University, Australia. She will be supported by the NNEdPro Chair and a Steering Committee, including Professor Caryl Nowson (Deakin University), and Associate Professor Clare Wall (University of Auckland). The Network officially launches in March, in Perth. Contact the NNEdPro Group for more information.

NNEdPro IN CANADA

The NNEdPro work in Canada, facilitated by GIP Co-Leader, Celia Laur RNutr, continues to advise the More-2-Eat implementation project which aims to optimize nutrition care in Canadian hospitals. The project has recently completed baseline data collection and the five hospitals are now starting to make changes. The hospitals can choose which area of nutrition care to focus, with many considering nutrition screening. Others are exploring decreasing barriers to adequate food intake, including reducing mealtime interruptions. It is hoped that many of findings from this project will be informative to UK secondary healthcare systems. For more information, visit: www.nutritioncareincanada.ca

NNEdPro JUNE 2016 SUMMIT AND CAMBRIDGE SUMMER SCHOOL

NNEdPro has also been very active in the UK with the next big event being the 'Annual International Summit on Medical Nutrition Education and Research' in June, Cambridge. Medical nutrition education experts from all over the world will present cutting edge insights and attempt to disentangle controversies in nutrition research which impact guidelines for clinical/public health practice. The Summit is open to professionals in the nutrition education or medical/healthcare sectors. Immediately after the Summit, a week long **Cambridge Summer School** will be held aiming to instil a basic foundation ranging from Nutrition Science through Disease Prevention to Public Health and Policy. Successful completion will lead to a **Certificate in Applied Human Nutrition** endorsed by Cambridge University Health Partners.

Register NOW for the summit and Cambridge summer school 2016 by sending an email to nnedpro.group@mrc-hnr.cam.ac.uk

Watch this space for updates on our activities throughout 2016!

Events

- **International Summit in Medical Nutrition Education and Research:** 17th -19th June 2016
- **Cambridge Summer School:** 20th - 24th June 2016

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