



THE NEED FOR NUTRITION EDUCATION/INNOVATION PROGRAMME

Shivani Bhat, Dr Lauren Ball, Celia Laur and Dr Sumantra Ray, on Behalf of the NNEdPro Group

WHO WE ARE?

The Need for Nutrition Education/Innovation Programme (NNEdPro) is all about translating nutrition evidence generated through scientific research into public health and clinical practice. NNEdPro began with a pilot project in 2008, pioneered by Dr Sumantra (Shumone) Ray, who, after a poll of medical students, found that nutrition education remains neglected in their curriculum. This single project became a multifaceted programme with a broad knowledge management remit across clinical and public health nutrition. Now, the NNEdPro Group represents a large collaborative network of clinicians, researchers and policy makers across the world working towards a common goal: **To strengthen and promote nutrition education and research in health practice and population health.**



NNEdPro Directors: Dr Minha Rajput-Ray, Dr Shumone Ray and Pauline Douglas; Research Fellow: Dr Lynn McCotter; and Intern: Shivani Bhat

WHAT ARE OUR GOALS?

To:

EVALUATE and ASSESS
delivery methods
and healthcare impact

ASSESS and IDENTIFY
knowledge gaps

DEVELOP and DELIVER
education and training
interventions

COLLATE and SYNTHESIZE
evidence

WHAT DID WE DO IN 2015?

The NNEdPro Group is delighted to have won the **Complete Nutrition Outstanding Achievement Award 2015** for our work in nutrition education and research!

Over 2015 alone, we delivered over 30 scientific meeting presentations nationally and internationally, ranging from the EXPO 2015 Nutrition Symposium in Milan to the EU-China Symposium on Nutrition and Diabetes in Shanghai. Without the

sharing and exchange of knowledge, innovation cannot be achieved. In contributing to this exchange of ideas, the NNEdPro Group held its First International Summit on Medical Nutrition Education and Research in August 2015. We had the honour of receiving the support of Lord Balfe, NNEdPro's First Honorary Patron, BDA Chairman Dr Fiona McCullough and Cambridge University Public Health Director, Dr Steve Gillam. Plans for the 2016 Summit are well underway. We are also conducting a week-long Cambridge Summer School in Nutrition starting on 20th June 2016. See below for information on registering for the Summit and Summer School.

OUR CURRENT PROJECTS

UK: We provide generic nutrition and hydration training to healthcare practitioners, students (including all undergraduate Cambridge Medical Students) and researchers to equip them with current nutritional knowledge they can translate into practice and research. On the research front, we conducted a survey and interventional study on hydration awareness among doctors and dietitians, which led to the development of an education package on hydration. We also conduct numerous primary studies on diet and cardiovascular risk, the results of which will be presented soon.

Global: NNEdPro touches four continents through our Global Innovation Panel spanning from North America, through Asia, to Australasia.

Our largest global network resides in India, where we currently provide research methodology guidance to two groups of NNEdPro champions selected after nutrition training provided in February 2015. Along with the Remedy Clinic in Kolkata, India, local healthcare practitioners are engaging in nutrition research and education in medical institutions, as well as on the ground in urban slums, through the mentorship of the NNEdPro Group. The Group is also proud to announce the launch of our Network in Australia and New Zealand in 2016!

WANT TO GET INVOLVED?

Register NOW for the Summit and Cambridge Summer School 2016 by sending an email to: nnedpro.group@mrc-hnr.cam.ac.uk.

We are always looking for potential partners or supporters for our scientific meetings and courses in 2016. If you would like more information about our work, or want to be added to our mailing list, please email us or check our website at: www.nnedpro.org.uk.

Watch this space for updates on our activities throughout 2016!

Events

- **International Summit on Medical Nutrition Education and Research:** 17th -20th June 2016
- **Cambridge Summer School in Nutrition:** 20th - 24th June 2016

Keep in touch with NNEdPro: Facebook: NNEdPro

Twitter: @NNEdPro Email: nnedpro.group@mrc-hnr.cam.ac.uk